**Green Health Strawberry Smoothie**

*A quick and easy tea-based strawberry smoothie that refreshes and satisfies.*

**Ingredients**

**Hemp Leaf Powder or Moringa Leaf Powder**

2 3/4 cups water (22 ounces)   
3 tablespoons Hemp Leaf Powder or Moringa Leaf Powder

**Smoothie**

16 ounces frozen strawberries   
1 cup whole milk Greek yogurt   
2 to 4 tablespoons honey

**Directions**

1.. In a blender, combine water, frozen strawberries, Greek yogurt, hemp or Moringa leaf powder, and 2 tablespoons of honey. Blend until well combined, taste, and add more honey if desired. Divide into glasses and serve immediately