

FDA says

SAFE

Aspartame
MSG monosodium Glutamate
Artificial flavors
Propylene glycol
Fluoride
SSRI antidepressants
Anti-psychotic drugs for soldiers
Psychotropic drugs for kids
Mercury in vaccines
Chemotherapy for babies
Autolyzed proteins
Chemical preservatives
Sodium nitrite
Cow pus in milk
Pesticides
Herbicides
Fungicides
Radiation
GMO's
Chlorinearsenic
Aluminium
Mercury in fish
Bisphenol-A (BPA)

UnSAFE

Fresh Milk

Aspartame

Roaches and ants won't eat it, cats and dog's won't eat it, even house flies won't eat it – but the FDA (Food and Drug Administration) serves Aspartame to you! Side effects include: Headaches, muscle spasms, irritability, heart palpitations, loss of taste, joint pain, dizziness, weight gain, tachycardia (racing heart), breathing difficulty, tinnitus (ringing in ears), blurred vision, seizures, rashes, insomnia, hearing loss, depression, vertigo, nausea, blindness, slurred speech, fatigue, numbness, memory loss.