

THE CHI MACHINE®

Therapeutic Massager

The Origin of The Chi Machine

The Chi Machine is the culmination of 38 years of brilliant research, testing, analysis, hard work and wisdom of renowned Japanese medical doctor, Shizuo Inoue, former President of the Japan Oxygen Association. His device promotes a form of therapeutic massage based on both medical and physiological sciences. It has been patented in many countries including: The United States, Great Britain, Germany, Japan, and Australia.

Massage and Health

Massage means the manipulation of soft tissue for the purpose of increasing health and wellness, and alleviates pain, discomfort, muscle spasms, and stress. The first records of massage date back some 3000 years to early Chinese folk medicine. Western civilizations were introduced to the miraculous benefits of massage by Greek and Roman physicians. HTE USA brings together the ancient healing arts with the mastery of modern technology. The Sun Ancon therapeutic massager -The Chi Machine -blends the healing arts with technology for a truly unique experience.

Because the massage with The Chi Machine is performed while you are lying down and relaxed, weight is removed from the spine. A sense of well-being and pleasure is immediate and noticeable.

The Role of Full Spinal Movement

Human spinal design permits lateral twisting - a fish-like movement - that serves to relieve vertebra joint pressure and promotes a sense of well-being. Unlike children, adults seldom realize the benefit of this bodily movement. Consequently, stress and tension simply accumulate in the body. Observe how a baby stretches and twists in its crib. This is a natural human movement that simultaneously relaxes and relieves minor muscle aches and pains.

When we observe animals or sea creatures, we notice a serpentine movement in their walking, running, and swimming motions. This natural action helps promote and maintain overall health.

The Chi Machine maximizes the movement of all body cells, which, in turn, supports deep relief.

Traditional forms of vigorous exercise provide health benefits, but most also consume vital oxygen and compress intervertebral disks. Fatigue or physical stress generally result. The Chi Machine supports health without creating an energy deficit, undue stress to the body, or enervating exertion.

When the human body is lying on a flat surface, the neck and waist are naturally elevated. When we are fatigued (such as after a hard day at work) and then try to sleep in a bed, our body will ache because the lower back cannot touch the bed's surface (putting a pillow under the small of the back will only help a little). We also notice that only the concave parts of the body -the neck and waist -have the ability to rotate, just like a wheel on an axle.

When you use The Chi Machine, you quickly notice that, with the feet slightly elevated in The Chi Machine's ankle cups, your body will swing right to left in three major segments:

1. From foot to waist,
2. From chest to the cervical vertebra and then,
3. From the shoulders to the head.

The entire spinal cord and all of the muscles along the spine are involved!

The Chi Machine drives the two pivot points formed by the buttocks and shoulders just like a fish swimming in water. In fact, Dr. Inoue aptly named this motion "the gold fish method" because he was inspired by the motion of gold fish swimming in water.

When you see a fish swimming, you notice that its tail gently swings back and forth which causes movement of the entire spinal cord and all muscles. Likewise, The Chi Machine brings into full play this important, yet seldom utilized "movement orbits" of the human body.

Selling Points:

- Full Body Massage
- Portable
- Simple To Use
- NO Risk of Personal Injury
- Maximum Workout in Minimum Time

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Suggestions

Although The Chi Machine[®] is likely one of the most effective yet safest methods of massage you can enjoy, its use is NOT advised in the following situations without prior competent medical advice:

- During pregnancy
- Within 3 months of having had major surgery or bone fracture
- If you suffer from serious heart disease
- If you suffer from serious infection
- If you suffer from any bleeding injury
- If you are epileptic
- If you suffer from high blood pressure

Additionally, The Chi Machine should not be used within 30 minutes of eating - longer for larger meals. If severe pain occurs, this should be thoroughly investigated before continuing its use.

Buyer Beware!

Imitations vs. The Chi Machine

If you are buying The Chi Machine, make sure you get the real thing - and make an informed decision! Like many good things in life, The Chi Machine has inspired its share of fraudulent imitations. These copycats are trying to capitalize on the reputation and 38 years of research by Dr. Shizuo Inoue, M.D. by offering similar looking products and claiming they will produce the same results. The cheaper products are tempting but carry risks, and most of all DO NOT provide the results that The Chi Machine is famous for!

Although it appears that The Chi Machine merely operates with a simple back and forth movement, the technological principles incorporated into The Chi Machine have been established through years of testing, data compilation, and research, as it pertains to human physiology. These principles are what make The Chi Machine (unlike ALL others) safe, effective, and renowned worldwide for producing MAXIMUM RESULTS! The Chi Machine, through HTE USA, holds multiple patents throughout the world, and has been awarded exclusive worldwide distribution rights from the manufacturer!

The swing frequency of 140 +/- 5 per minute cycles provides the correct movement to the body so as not

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to injure the spine. If the swing frequency is too great, it will not provide the same quality and diversity of benefits as does The Chi Machine and can injure you by sending incorrect frequencies along your spine. A machine with multiple speeds offers nothing but confusion and can be detrimental to your health! Any speed higher than the Chi Machine can cause serious harm to your body such as hypertension. An angle that is too high may put internal organs under pressure, and if the angle is not high enough, it will not produce the beneficial effects The Chi Machine can and does!

The circular movement is smooth, balanced, and non-jarring to the structure of the human body. The unbalanced movement of copycat machines, no matter how subtle, may lead to repetitive stress injury to the body!

HOTHOUSE® (FIR)

The HotHouse utilizes Far Infrared (FIR) to produce a warm, comfortable, thermal feeling. FIR is the most beneficial ray produced by the sun. The HotHouse releases an 8-10 micron of FIR into the body, creating a vibration, allowing your body to work more efficiently. These vibrations allow toxins to be released back into the bloodstream and be removed naturally by your body.

Many people wake up daily with muscle inflammation and soreness from common activities. They also wonder if there is a way to reduce the effects of the pain before it becomes unbearable. The HotHouse, an exclusive HTE product, produces its unique effect through the heat of Far Infrared and with its distinctive arched design and silicon-coated surface. The unit enhances the effect of the thermal heat within the targeted area.

The HotHouse

- Increases blood flow by promoting expansion in the capillaries
- Decreases muscle spasms and soreness
- Reduces swelling and inflammation by improving lymphatic flow
- Removes toxins

A protective screen covering was recently added to the heating surface, to give you added protection while using your HotHouse. The screen helps eliminate any direct contact your skin may have with the surface. The added feature has been tested and proved to emit the same amount of FIR to produce the same great benefits as the original HotHouse.

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E-Power

New Negative Potential Body Energizer

A Technological Breakthrough in Electronic Health Care Products

E-Power was designed to provide Negative Potential Energy (Energy for Rest) with High Frequency Energy (More ATP). Using your body as a capacitor, E-Power generates 70KHz of high frequency electrical waves, creating an internal energy that will balance and revitalize you.

As E-Power increases the temperature of your subcutaneous skin, Negative Potential Energy spreads throughout the entire body, relaxing you and creating a balanced electrical field.

Negative Potential Energy with High frequency balances the functions of cations (positively charged ions) and anions (Negatively charged ions) on both sides of the cell membrane. This promotes a faster metabolism and helps to build up immunity. It is an energy source that your body needs not only to survive, but to thrive!

E-Power is the source you need to bring it to you!

Why do we need to increase Electric Potential?

Since there are 30-40 millivolts in a cell membrane in your body, and approximately six trillion (6,000,000,000) cells in the whole body, the total electric potential is a very considerable number

In addition, the electric potential in the human body decreases with age, and the reduction of electric potential can cause illnesses. For this reason, it is necessary to increase the electrical potential to increase health. HTE developed E-Power, so that you can easily increase your electric potential.

E-Power activates cells and breaks through traditional medicine to improve functions of the main 8 body systems.

WHAT DOES THIS ALL MEAN?

1. Increased Cell Membrane Voltage, activates the sodium/potassium pump allowing:
 - Regeneration of cellular energy and increased body energy
 - Improvement of oxygen
 - Increase of Vitality and Cell Function

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- Increased Nerve Regeneration(1998 University Gottingen)
 - Activates Oxidoreductase enzymes to change acid to alkaline.
2. Improvement of Blood Circulation due to Vascodilation allowing:
 - Capillaries to receive more oxygen (up to 30% by study-Pargon 1967, Pereira 1967)
 - Reduction of blood flow resistance returning to the heart
 - Can lower Blood Pressure
 - Can increase Detoxification
 - Improved Nutrient Supply and improved Nutrient supplement utilization.
 - Change Acidosis to Alkalinity
 - Accelerate Healing of wounds
 - Increased performance in Sports Competition
 - Clearer Mental Performance, Focus, Concentration
 3. Release of Calcium: (a messenger substance) by:
 - Increasing metabolism
 - Benefits Cell Division
 - Reduction of Vascular Function
 - Balances Cortisol and Adrenalin – relieving stress
 - Regulates the Adrenalin receptors from becoming Adrenalin Resistant
 - Activates Insulin Receptors (balances insulin better)
 - Activates Macrophages and T Cell (Study Carson 1990)
 - Helps Back, Muscle, & Spinal Column Therapy
 4. Triggers the Spleen and Bone Marrow to Increase Calcium by:
 - The Piezoelectric effects increase bone tissue. Helps to have stronger Bones & Eliminates Osteoporosis
 - As we get older, the bones resist PTH from the parathyroid gland (Thyroid) to make more bone-forming cells. Negative fields increase this function.
 5. Shortness recovery & repair time for Athletes, & Disability by:
 - Strengthening muscles, bones, tendons, & ligaments
 - Reduces inflammation

- Great for Rheumatism, Arthritis, Bruises, Fractures, Paralysis, and Muscle & Nerve Tension.
 - Reduces Risk of Injury and regeneration of injured cells.
6. Pain Relief by:
- Interrupting transmission of Pain stimulus to the brain
 - Relieves Muscle Tension, leg cramps, spasm
7. Improves the Function of the Stomach and Intestines through:
- Regulation of Plexus Myenterium by increasing Digestion activity.
 - Increase in Metabolism
 - Increased Weight loss and building Muscle Mass
8. Increases collagen by:
- Stimulating the Fibroblasts
 - Increases the activity of connective tissue cells
 - Increases Nerve & Skin regeneration

It is suitable for everyone in the family.

Advanced ELECTRO REFLEX ENERGIZER™

More Than A Foot Massager - It's A Full-Body Experience!

Reflexology

It is believed in ancient China, that the bottoms of the feet can be divided into 25 parts, each representing different parts of the body. The modern theories of Reflexology deal with the principle that there are "reflex areas" in the feet and hands that correspond to all the glands, organs, and parts of the body. By using the thumb and fingers on these "reflex areas", one can relieve stress and tension, and help nature achieve "homeostasis". The Advanced Electro Reflex Energizer has many features and benefits based on these concepts.

Exclusive Features and Benefits

- Heating area (foot pads) keeps feet warm and soothed by heat stimulation.
- Helps to relax tight muscles before running, walking, or any other exercise routine.
- Choose from circulation-increasing oscillation actions including: pounding, relaxing, and massaging.
- Computerized programs vary the speed and intensity of the oscillation massage automatically.
- A control dial is available to let you set just the right amount of massage intensity.
- Easy to use timer, which can be set from 5 to 60 minutes, in 5-minute intervals.
- Replaceable electro-pads used to pinpoint and stimulate additional areas such as your neck, shoulders, and back.
- Portable and lightweight for travel use.
- Able to combine the use of three sets of electro pads and foot massage at the same time!

A Full Body Experience...

Not just another foot massager, the Advanced Electro Reflex Energizer utilizes low frequency stimulation to provide the ultimate feeling of relaxation -NO other machine can compare!

Use your Advanced Electro Reflex Energizer to promote your well-being. Just 5 to 60 minutes a day with the Advanced Electro Reflex Energizer will help your feet feel better, further relax and revitalize your entire body. Foot massage promotes the circulation of your blood while loosening tense muscle tissues. You

can also attach 3 sets of electro-pads anywhere on your body and use the wireless controller to adjust the intensity, time, and massage mode - then just sit back and let the electro-pads do the work.

WARNING

The ADVANCED Electro Reflex Energizer should NOT be used if you have any acute diseases, open sores, a serious heart condition, are using a pacemaker, or have serious high blood pressure. If you are pregnant, nursing a baby, have any medical condition (including allergies and skin disorders), or are taking any medication, you should consult with your doctor(s) prior to use.

BetaLoo®

A Daily Dietary Supplement for the Immune System
Certified Pure and Active

Beta-1, 3-D Glucan and Aloe Vera: A Powerful Combination!

BetaLoo is a proprietary blend of Beta 1, 3-D glucan particulate polyglucose from *Saccharomyces cerevisiae* and Aloe from the *Barbadensis* Miller whose purity and biological activity is guaranteed and carries the Seal of the International Aloe Science Council.

BetaLoo is a safe, non-toxic, natural substance, which activates white blood cells. Helps to restore and balance an immune system and also maintain a healthy immune response. Wound healing, tissue regeneration and repair, anti-aging, a protective barrier against radiation are all benefits of BetaLoo.

It is a powerful antioxidant and a free radical scavenger. Helps to maintain joint health and also can be used as an anti-inflammatory. Relieves gastrointestinal discomfort and maintains a healthy cardiovascular system.

The immune system is made up over one trillion white blood cells, which are responsible for the protection and maintenance of every other cell in the body. The first thing that you should consider in a health regimen is an immune modulation potentiator.

Beta-1, 3-D glucan (Beta Glucan):

- Breakthrough in Preventative Nutrition
- Tissue Regeneration and Repair
- Protective against Radiation
- Safe, Non- Toxic, Natural
- Anti-Neoplastic Effect
- Potent Anti-Oxidant Properties

Aloe Vera:

- Arthritis Joint Pain
- Gastrointestinal Relief
- Coronary Heart Disease
- Antioxidant
- Wound Healing
- Anti-Inflammatory
- Anti-Aging
- Immune Restoration
- Biological Vehicle
- Anti-Neoplastic

Synergistic effect of Beta-1 , 3-D glucan and Aloe Vera

With the immune army, we look at a series of complex carbohydrates to act as the keys into the locks that keep immune cells running at an optimum rate. The glucan polyglucose and the aloe polymannose serve as the multi-purpose keys to immune health.

The history and substantiated data that supports both Beta Glucan and Aloe Vera is so abundant, it is overwhelming to consider these two formidable compounds together. Harvard, Tulane, University of South Carolina, Baylor, and Louisville along with others in the field of immunology agrees with these facts. Furthermore, the FDA has established the safety of it, and tens of thousands of individuals have been using these materials, along with medical doctors, for up to 30 years.

As the foundation for good health, long life and an attractive appearance, the prudent person looks to BetaLoo. Make absolutely sure that the product you buy has been appropriately tested to assure quality; safe from contamination and, that a therapeutic serving is verified in each capsule.

There is one company has met ALL these standards...

...We exclusively distribute BetaLoo

CHAPTER 8

PRODUCT

Total Health Formula

Whole Foods for Health

When people are busy, bad habits are hard to change. However, keeping people healthy and preventing disease is becoming more important in today's world. Recent studies point to two overwhelming realities. The first is that whole foods, not isolated vitamins, hold the key to good health and wellness. The second reality is that Enzymes are extremely important in fighting disease.

Why are Enzymes Important?

- Cooking destroys these "food enzymes", forcing the body to produce more of its own digestive enzymes that would otherwise be necessary to digest the food.
- The body has a lifetime "enzyme potential" for manufacturing digestive enzymes
- Enzymes in raw foods also carry the "life force"
- Dr. Edward Howell, author of *Enzyme Nutrition*

The Secret of Longevity - Enzymes

Enzymes regulate the normal process of digestion, absorption, detoxification, blood circulation, and waste removal – all essential to the very functions that make human life possible. Enzymes are not only the foundation of human life, they are fundamental to our HEALTH!

Total Health Formula

A breakthrough that combines traditional fermentation with a unique formula which benefits:

- **Nutritional Circulation** - 102 different kinds of fruits and vegetables. Small enriched molecule nutrients (vitamins and minerals, and antioxidants).
- **Digestive Circulation** - Lactobacillus Sporogenesis and Dietary Fiber
- **Cardiovascular circulation**- CoQ10

Six Characteristics:

1. 102 kinds of pure fermentative liquids from vegetables and fruits with 540 day fermentation period (Japanese Patent)
2. Variety of enzymes and nutrients
3. Contains dietary fiber
4. S.O.D. (Super Oxide Dismutase) - like Enzymes:
This erases surplus "Free Radicals"
5. Adds Lactobacillus Sporogenesis
6. Water Soluble CoQ10

Total Health Formula is not just an energy drink, weight-loss product or a performance enhancer.

Using Total Health Formula is simply a way to get the healthful does of the daily nutrients and enzymes you need from whole foods in a convenient form.

Total Health Formula is good for YOU ... particularly if you ...

- Are dieting
- Love to eat meat
- Tend to over-eat
- Have skin conditions
- Are easily fatigued due to a poor acidic system
- Have poor digestion
- Lack energy
- Suffer from malnutrition
- Are sick or are recovering from an illness

CREATE A SLENDER BEAUTY LOOK!

BIANCA BODY PROFILE™ CREAM works to provide a slenderized look to the whole body. It gently softens and hydrates all skin types, leaving the skin looking softer, smoother and more radiant. Helping to make it look as if you have a new figure. Whether to treat a localized area or your entire body, this magic cream will help you create a healthy and attractive looking figure - easily and comfortably.

Ingredients: CAFEISILANE C, GINGER CINNAMON ESSENCE OIL

Directions: Follow this simple two-step program for a more attractive figure and better health:

1. Apply twice daily: Upon arising, drink a glass of water. Then, apply the cream to any area of the body you would like to treat and massage it in. Repeat at night after bathing. Continue this regimen every day without interruption to achieve the desired results.
2. Place an adequate amount of the cream in the palm of your hand and massage it around your stomach and lower abdomen areas. Simply massage that area - 100 times in a horizontal direction and then again in a vertical direction.

The cream is fresh smelling, smooth, and greaseless. It is quickly absorbed into the skin. There is no need to rinse it off after massaging it in.

Note: Increase daily water consumption. Reduce the consumption of sugars and empty calories.

These statements about the nutritional products and Bianca have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.